

## Do's and Don'ts during the treatment

- Drink lots of water and milk. Eat lots of crunchy fruit and vegetables
- Brush and floss twice a day to remove much of the food and drink remnants that stain your teeth
- Do NOT drink coffee, tea and red wine. Avoid fizzy drinks, soy sauce, curry and any coloured foods and beverages
- Do NOT smoke
- Use whitening toothpaste, mouthwash and whitening pen for maintainance
- Visit your dentist regularly



## What you need to know

Endorsed by the American Dental Association (ADA), tooth whitening is a well-established and safe cosmetic dental procedure if administered by a dental professional.

Dental whitening is an effective process in removing intrinsic stains caused by aging, food, drinks and tobacco products. This treatment procedure possesses limitations in cases with severe dark stains and teeth discolouration caused by antibiotics. Results may vary from individual to individual depending on the structure of the dental hard tissues and dietary habits. Please consult your dentist prior to the treatment.

Use InnoWhite Professional Dental Whitening Dental System to create your enchanting smile with sparkling white teeth today!

Ask your Dentist

[www.inno-white.com](http://www.inno-white.com)

## Home Teeth Whitening System

creating your sparkling **White Teeth**  
conveniently at **Home**

Official  
Teeth Whitening System  
for



# InnoWhite Professional Dental Whitening System

CP10 or CP22, choose the best system that suits you



## Home CP10

10% Carbamide Peroxide

### Contents

- 4x 3ml 10% Carbamide Peroxide whitening gel
- Desensitizer
- Contains Potassium Nitrate and Sodium Fluoride to strengthen enamel and reduce sensitivity

## Home CP22

22% Carbamide Peroxide

### Contents

- 4x 3ml 22% Carbamide Peroxide whitening gel
- Desensitizer
- Contains Potassium Nitrate and Sodium Fluoride to strengthen enamel and reduce sensitivity



## What results can I expect?



Above photos are taken before and after the whitening treatment using InnoWhite Home CP22



## How to use InnoWhite Home Whitening Kits

1. Brush and clean teeth. Remove the cap and insert the application tip to the syringe.
2. Squeeze moderate amount of whitening gels onto the customized mouth trays provided by your dentist.
3. Wear the upper and lower trays according to the guideline as listed below.  
**CP10** - 1 time of 1 to 2 hours per day  
**CP22** - 1 time of 45 mins to 1 hour per day
4. Wipe away excess gel in the mouth (if any) with tissue or dry cotton buds.
5. After the treatment, remove the tray and rinse the mouth thoroughly with water.
6. Clean the trays, dry and keep them in the case.
7. Brush and floss the teeth.
8. Apply desensitizer to the teeth and gum if you feel any sensitivity.
9. Repeat the treatment for up to 14 days. Expect to see the whitening results after 5 to 7 days of treatment.

## Advantages of Home Whitening

- Perform teeth whitening treatment under the comfort of home and is more convenient
- Cheaper alternative when compared to in-office treatment
- Effective and long lasting results
- Minimal sensitivity